

Changing a culture begins with a focus on everyday life. In order for us to change the culture of this program, we must first change the way we do things on a daily basis in the classroom and on the field. Our purpose established in the contract was to add to the educational experience. All goals and expectations will be derived to fulfil that purpose and maintain a winning program both on and off of the field.

## **Athletic Period Expectations**

- 1. Players will arrive on time before the tardy bell or will not be allowed to work out during the period. No excuses will be acceptable and can result in suspension and dismissal from the program.
- 2. Players will be dressed and standing on their line with a ball under their right foot, 7 minutes after tardy bell. No player should be kicking a ball or off their line. Stretch on your own before we start. If you need more stretching, than get out faster. Players that do not make it will not be allowed to work out and this can result in suspension or dismissal from the team.
- 3. Players are expected to fulfill the 100 percent rule throughout the session. Players who cannot give full effort are not players for this team. You hit the pitch and play hard, if you cannot meet the standard you will be asked to leave the drill and stand and watch the rest of the session. If you are sick, you must let a coach know before we hit the field.
- 4. Players are expected to look the same on the field. We will all wear the same uniform out to our session. Nothing else is acceptable. Players do not take practice clothes home and they must be washed every day.
- 5. Profanity of any sorts is unacceptable. Missing a shot or getting fouled does not justify an immature response. You will be asked to leave the session. This can result in suspension or dismissal.
- 6. Parents will be sent a notification by phone or e-mail, when players are held out for reasons laid out above. Please leave us your most convenient contact below.
- 7. ISS and lunch detention are not places for athletes. Both can result in discipline from coaches.
- 8. Classroom behavior that is brought to our attention can result in discipline by the coach and eventual dismissal from the team if it is not corrected by the player.
- 9. Locker room is to be used only for getting ready for practice or classroom, meetings with the coaches, a place to eat lunch and study and a transition from practice to home. It is not to be used as an indoor soccer facility, a hideout to skip classes, or a place to hang out after school.
- 10. Lockers are expected to be kept clean and organized at all times. It is not a trash can or your dirty laundry room. If you cannot keep it up, it will be taken away.

*I have read and understand the athletic class expectations. I agree to commit to these expectations. I understand that not adhering to them may result in suspension or dismissal form the team.* 

Player (Printed Name)

Player (Signature)

Date

**Contact Number**